



PROGRAMA ACTIVIDADES

COSTA NATURA 2026



JUNIO - 15 JULIO

	MAR	MIÉRC	JUE	VIER	SÁB
9:30-10:15	YOGA/PILATES*	QI GONG	YOGA/PILATES*	QI GONG	QI GONG
10:30-11:15	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM
11:30-12:15	BAILE ADULTOS	BAILE ADULTOS	BAILE ADULTOS	BAILE ADULTOS	BAILE ADULTOS
12:30-13:15	JUEGOS EXTERIOR/BAR	JUEGOS EXTERIOR/BAR	JUEGOS EXTERIOR/BAR	JUEGOS EXTERIOR/BAR	JUEGOS EXTERIOR/BAR

*Yoga: → restaurante *Pilates: → explanada al lado de petanca



"Naturaleza, salud & diversión"



SUMMER ACTIVITIES

COSTA NATURA 2026



JUNE TO JULY 16TH

	TUE	WED	THRU	FRI	SAT
9:30-10:15	YOGA/PILATES*	QI GONG	YOGA/PILATES*	QI GONG	QI GONG
10:30-11:15	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM	AQUA GYM
11:30-12:15	ADULTS DANCE	ADULTS DANCE	ADULTS DANCE	ADULTS DANCE	ADULTS DANCE
12:30-13:15	YARD/BAR GAMES	YARD/BAR GAMES	YARD/BAR GAMES	YARD/BAR GAMES	YARD/BAR GAMES

*Yoga: → restaurant *Pilates: → next to petanca yard



"Nature, health & fun"

